



DRINKS MENU

GLOBALLY INSPIRED HEALTHY STREET FOOD
100% GLUTEN FREE

GOOD MORNINGS

	S.	M.	L
CAPPUCCINO	4.50	5.0	5.50
FLAT WHITE	4.50	5.0	5.50
LATTE	4.50	5.0	5.50
WHITE HOT CHOC	4.50	5.0	5.50
HOT CHOCOLATE	4.50	5.0	5.50
CHAI LATTE	4.50	5.0	5.50
LONG BLACK	4.00	4.50	5.00
MOCHA	5.00	5.50	6.50
MACCHIATO	4.00		
DBL ESPRESSO	4.00		
PICCOLO	4.00		
ESPRESSO.	3.50		
BABY CHINO	2.50		
EXTRA SHOT	1.00		
FLAVOURS	.50		



SMOOTHIES & REFRESHMENTS

CHOCKICK THUNDER.	9.95
GREEN DREAM	9.95
LEAN MACHINE	9.95
VERY BERRY	8.95
VANILLA BANANA	8.95

Muscle up your smoothies

Add
Creatine
Protein
MCT
Carnitine
Magnesium
Turmeric
Glutamine
\$1

TIME!

BEER MID STRENGTH	7
BEER FULL STRENGTH	8
CRAFT	9
GF BEER	9
CIDER	9
RED WINE GLASS	9
WHITE WINE GLASS	9
PICCOLO	9
UDL SPIRITS	10

MILK SHAKES & FRAPPES

CHOCOLATE	7.00
CARAMEL	
STRAWBERRY	
VANILLA	
FRAPPES	
CHOCOLATE	7.00
COFFEE.	8.00

Cold drinks in the fridge!



FOOD MENU

GLOBALLY INSPIRED HEALTHY STREET FOOD
100% GLUTEN FREE

BREAKFAST OF CHAMPIONS

FEEL GOOD FOLDIES:

COCONUT BASED WRAPS

BACON & EGG

EGG & CHEESE (V)

WESTERN EGG (V)

\$10

OMELETTES

BACON, TOMATO, CHEESE
SHALLOTS.

\$15

THUNDER BOLT BREKKY BURGER

FRIED EGG, STREAKY BACON

AVOCADO, HASHBROWN,

CHEESE & JALEPENOS.

BBQ & SOUTHWEST SAUCE

\$15

CREPES -

CHOOSE:

BERRIES, SYRUP, NUTELLA

WITH ICE CREAM

\$15

SAVOURY MINCE

SERVED ON GF TOASTED BUN

ADD EGG

AVOCADO ON TOAST

SERVED ON GF TOASTED BUN

ADD EGG

ADD HASH BROWN

LUNCH

FEEL GOOD FOLDIES

COCONUT BASED WRAPS

-BRISKET

-LAMB

-SPICY BEANS

\$12

LOADED FRIES

-BRISKET

-LAMB

-SPICY BEANS

\$15

KARAGGE CHICKEN

\$10

WITH CHIPS

\$15

WITH RICE & VEG

\$15

GF BURGERS

-BRISKET

-LAMB

-KARAAGE CHICKEN

SPINACH, COLESLAW,

SAUCE, CHEESE TOASTED

\$15

See our Display Cabinet for
Fast Grab n Go Takeaway Options
Can't see what you like?
Ask our friendly team to help you
decide or suggest an alternative